

POST CIRCUMCISION INSTRUCTIONS

- Bacitracin is the initial ointment applied to the shaft for 2-7 days; A&D is applied to all other areas that get wiped (rear, groin, scrotum).
- A&D is an acceptable substitute instead of Bacitracin and may optionally replace Bacitracin 72 hours after the bris
- Any time fresh bleeding is evident, swaddling is required until the next diaper change. Following the subsequent diaper change, further swaddling is no longer required

Post Circumcision Instructions in Chronological Order

There are 0 / 1 / 2 / 3 bandages on the shaft

Unless the innermost bandage becomes dirty or falls off on its own, do not handle innermost bandage for 1 / 2 / 3 days

The innermost bandage must be unwrapped by (day of week) _____

Swaddle following the circumcision for a few hours

If the outer bandage(s) become soiled, remove it

If the innermost bandage becomes dirty with feces, skip to step "How to remove the Bandage"

Send me an update as soon as the innermost bandage is removed

First diaper change:

Change the baby's diaper if it is excessively wet (optional) or if it has any amount of feces (required).

If the first diaper change is uneventful, text the following message: "Rabbi, the first diaper change was uneventful."

If the innermost bandage has fallen off / you see signs of fresh bleeding / bandage is dirty with feces / other, then text "Rabbi, the first diaper change had the following issues." and please elaborate.

Swaddling is not required following any subsequent diaper change, provided that there are no new signs of bleeding. Subsequently, swaddling is optional and entirely up to the parent's parenting method.

First morning update

Following the initial diaper change of the morning, please text “Rabbi, last night was uneventful/eventful” and if it was eventful, please elaborate.

Second morning update (if the bandage is off then skip)

Following the initial diaper change of the morning, please text “Rabbi, last night was uneventful/eventful” and if it was eventful, please elaborate.

How to remove the bandage

- 1) Pour plenty of room water at room temperature over the bandage during the diaper change prior to removing the bandage. If the bandage is dirty, don't wait and go straight to step #2
- 2) Both parents should clean their hands well
- 3) One adult restricts movement of the baby's legs
- 4) The other parent slowly unravels and unwraps the bandage(s).
 1. The baby will cry and attempt to kick. Please keep his legs restrained
 2. Unwrap slowly, with no sudden movements
 3. If there is some bleeding, apply pressure with gauze for over 1 minute

As soon as the bandage is removed

- 1) If the coronal ridge (bottom of the glans) is not clearly visible, or if it is evident that some mucosa membrane is sticking to the bottom of the glans, apply downward pressure from the bottom of the glans pressure towards the base, thereby pushing any membrane off the glans.
- 2) Apply plenty of Bacitracin on the shaft (for at least 48 hours)
- 3) No gauze or new bandage is required.
- 4) Send me 2 or 4 close up pictures. In the event that the photos are unclear, I might ask for new photos at the next diaper change
- 5) Swaddle baby until the next diaper change; with no signs of fresh bleeding, swaddling may be discontinued
- 6) Keep the baby clean from feces at all times. Urine does not harm and may be treated as if it is water.
- 7) Baby may be bathed provided that ointment is applied to his shaft before and after the bath
- 8) Apply Bacitracin to the navel after the umbilical cord falls off

Post Bandage care from bandage removal through day 7

Following the inner bandage removal, apply Bacitracin to the shaft for 2 days, and subsequently A&D through day 7 (and A&D to the other areas that are wiped).

Keep the baby clean following any bowel movements

On day 7, send me 2-4 photos for further instructions

It is easier than it sounds, and you will soon enjoy even this routine!